

Canterbury Tales

Rotary Club of Canterbury
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President - Peter May

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Volume 29 – Issue 28 – 5 February 2015

Meeting

Mondays 6:00pm for 6:30pm
Bass Centre,
2 Rochester Rd, Canterbury
Unless otherwise stated in Diary

Register for Meeting

Guests and Club Members can
Register on the following link
[Register for Meeting](#)

Apologies

**prior to 10AM Monday*

Russell Hoath

Mobile 0417 304 764

Phone 9890 0015

rhoath@bigpond.net.au

*Please advise Russell of any
long absence.*

The Rotary Radio Show

Jenny Coburn and

David Proud

Fridays 6pm to 8pm

**3WBC
94.1 FM**

Secretary – John Braine

Ph: 9889 1331

secretary@canterburyrotary.org

Editor – Max Holland

Ph: 9899 8148

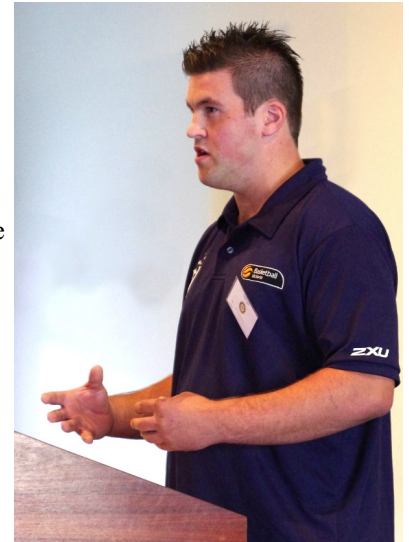
maxholland@optusnet.com.au



President's Message

Michael Paterson was clearly the 'star of the show' at our last meeting. Despite finding reading and writing to be tough for him, he stood confidently and spoke from the heart as he told us of his proudest moments when he was the flag bearer for the Australian basketball team, 'The Boomerangs', at the World Championships in Turkey in 2013. Michael captained this team and they won the bronze medal. He brought along so many medals to show us. Having played basketball for some thirteen years, he had many stories to share: from the time his team were down by 16 points with three minutes to go, and yet won by a point ('Never give up!', he advised); to how much he enjoys playing sport with his friends; to when he cries a lot because it his job to cut up 10Kg of onions for the fundraising sausage sizzles at Bunnings. Fund raising is essential because it costs a lot for the team to go to the national competition each year. Michael's mum, Karen, is the team's manager. So it was lovely that she could join us to hear Michael speak. We could all see her glowing with pride. Our Club was able to present Karen with a cheque for \$800 towards the costs for these incredible athletes to represent our state in the 2015 Australian Championships.

The Ivor Burge Championship is the national basketball competition for players with an Intellectual Disability. Dr Julia Walsh is the head coach for the metro men's team. She has a PhD in Coaching Science and shared with us some of the rationale behind this incredible program. The Chinese word for coach means 'Gardener'. Encouraging players to work as a team and to have confidence in one another is a vital role for the coach. Julia said there are so many magic moments when working with these young people: when an athlete explains to another team member what it is the coach is trying to say; when the team has to live together during a competition and they learn other life skills like cooking; when the sport provides a focus for direction in their lives. Julia certainly has a passion for her players and if Michael is any example, she is achieving wonderful things.



Michael Paterson



Julia Walsh

Speaker Program

- Monday Feb 9 Speakers from the Asylum Resource Centre (ASRC), Chair: TBA
"The ASRC provides aid, advocacy and health services for asylum seekers in Australia"
- Monday Feb 16 Speaker: Susan Biggar, author of "The Upside of Down", Chair: TBA
"Susan will talk on her family's journey with two sons that have Cystic Fibrosis"

Sunday Market 7am – 1pm

February 8 - Bill Nankervis, Michael Chong, Val Cuniffe

February 15 - David Zrna, Andrew Mastrowicz, Rob Simpson

February 22 - Graeme Hindhaugh, Doug Hawley, Lili-Ann Kreigler

Contact Tony Simpson for all roster changes and requests, Home 9417 3995, Mob 0488 380 899
Please be on time as if you are late, our Club pays \$50 penalty for each half hour or part thereof



President's Message - Continued

Royce Abby Scholarship

Gerry Cross added to the International Service report by informing members of our Royce Abby Scholarship applicant for this year. Metchie Arnaiz has a Bachelor of Science in Forestry from the University of the Philippines. She currently works for the Department of Environment and Natural Resources in Masbate on a reforestation project. Metchie would come to Melbourne under a grant from the Rotary Foundation to learn new skills in her areas of interest.

National Youth Science Forum - NYSF

We received a message from Jimmy Fan, our 2015 NYSF candidate: "I would just like to express my thanks again for Canterbury Rotary's sponsorship of my participation in NYSF 2015. I had an unforgettable two weeks over in Canberra and it would be an understatement in saying the experience was life-changing. The people I met were all fantastic and I've made some lifelong friends. NYSF has developed me personally and I believe I am a more confident person." Jimmy will speak at our Club later in the year, once our 2016 candidate has been selected.

Group Study Exchange - GSE

The Group Study Exchange (GSE) program is a unique cultural and vocational exchange opportunity for young business and professional men and women between the ages of 25 and 40 and in the early years of their professional lives. The program provides travel grants for teams to exchange visits between paired areas in different countries. For four to six weeks, team members experience the host country's institutions and ways of life, observe their own vocations as practiced abroad, develop personal and professional relationships and exchange ideas. We are the first Club to host the incoming GSE team from the USA this month, from District 6840 which serves southeast Louisiana. Our members are hosting these young people in our homes and helping to organise local vocational visits. As we have partnered with the Rotary Club of Camberwell, we hope as many members as possible will attend the Camberwell meeting on Wednesday, 25th February to hear the presentation of these Americans. The GSE team will be joining us for our club meeting, which is the Shrine Tour on Monday, 23rd February.

Rotary Club of Melbourne Meeting

The Rotary Club of Melbourne was chartered on 21 April 1921 as the first Rotary Club in Australia. The Club now has over 250 members and has invited us to send a group from our Club to one of their lunchtime meetings at ZINC in Federation Square. Three of us have accepted for next Wednesday. Please contact Peter May before Sunday, if you would like to join us.

New Club Laptop

Thanks to Russell Hoath for the donation of a new Club laptop. The existing computer can now be used with the data projector for our guest speakers and other meeting presentations.

Have a great week.

Peter

The Next Speakers - Joel Marlan and James Beavis

Joel Marlan has spent a significant part of the last four years working overseas as a tour guide and with the Japanese NGO 'Peace Boat' as an educator, on topics as diverse as vegetarianism, global education issues, positive psychology and Australian indigenous issues. Joel now teaches English at the [Asylum Seeker Resource Centre](#) (ASRC) and enjoys every opportunity to learn about the different cultures, languages and perspectives of people who come to call Melbourne home. He hopes to see an Australia that understands the bigger picture of what it means to seek asylum.

James Beavis is currently a final year Bachelor of Science/Bachelor of Laws degree student at Monash University.

Joel and James will work together to give an interesting and inspiring presentation on the issues and activities related to the ASRC's work in the provision of aid, advocacy and health services for asylum seekers in Australia.

Continuing Program of Activities

Wed Feb 18	Florey Institute Visit, 10:00AM, Contact: Ian Coopes
Fri Feb 20	Interchange Inner East Twilight Cinema, 6:00PM, Contact: Michael Chong
Mon Feb 23	Shine of Remembrance Tour, 5:30PM, Click to Register
Tues Feb 24	GSE Welcome Reception at Milano's of Brighton, 6:30PM, Contact: John McCaskill
Wed Feb 25	GSE Presentation Night with RC Camberwell, 6:15PM at Bass Centre, Click to Register
Sat Feb 28	Rotary Club of Canterbury Car Rally, details TBA, Contact: Keith Thompson
Mon Mar 2	Partners and Friends Movie Night: "The Second Best Exotic Marigold Hotel" , Film starts 6:30PM at the Palace Cinema, Balwyn, Click to Register
Mon Mar 9	Labour Day - No Meeting

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Rotary Club of Canterbury

LIGHT UP ROTARY



Our New Education Project in Nepal

Josh Fergeus sent photos of the four young people who are benefiting this year from our new education project in Nepal. David Chudasko showed us the photos of the students and encouraged our members to donate personally towards sustaining the education of these children beyond this first year. Josh will report further when he returns from London shortly.



Santos



Vumika



Serti



Santosh

The Life After Stroke Program

The Rotary Club of Kew, along with other clubs in Boorondara is involved with a pilot program to help develop the post stroke lives of many of the Stroke survivors living in Boroondara.

We will commence a LAS (Life After Stroke) Mentoring Pilot program in March and would like to speak to members of your Club to share the concept. We are still looking to recruiting a few more Rotarians who may be interested in becoming involved in the Pilot program this year.

On Tuesday 4th March there is a Forum on the Life After Stroke Program with details in the attachment to this Bulletin.

Jill Foryth, Rotary Club of Kew LAS

The Seeds of Peace Project 1915 2015

Our Rotary Club of Canterbury is supporting the Seeds of Peace Project. Seven students have been chosen (from their peace essays) from the secondary schools of Boroondara to travel to Turkey in April for the centenary commemorations. The Trip Leader is Brett Phillips who has 10 years experience with Boroondara Police as well as relevant experience supervising students overseas.

Participants will attend the International Rotary Peace Conference in Istanbul, Turkey. The Conference is to be hosted by all Rotary Districts of Turkey with support from Australian and New Zealand Rotarians as well as RI President Gary Huang.

Special pine trees will be planted in Boroondara secondary schools and on the return of the selected students, a commemorative Seeds of Peace pictorial book will be produced containing the peace essays, photos of Gallipoli and reflections on peace and the Anzac centenary trip. The book will be placed in local libraries, Boroondara Council, etc.

Partners and Friends Movie Night

Venue: Palace Cinema, 231 Whitehorse Road, Balwyn

Confirmed Date: Monday 2nd March, film starts 6:30PM

Ticket Cost: \$11.50 per person, minimum 110 persons

Confirmation of Numbers: Need to advise and pay theatre no later than Wednesday 25th February.

BRING YOUR PARTNER AND INVITE ALL YOUR FRIENDS

[Click to register](#)

[Click to watch the trailers](#)



Life After Stroke

The Life After Stroke Program

WHEN

Tuesday, March 4th, 9:30am-1:30pm

WHERE

**397 Barkers Road
Kew, VIC**

The Forum will be held in the Function Room at Melbourne Cricket Club - Kew Sports Club.

Stroke survivors, carers and professionals who are interested in vocational/ employment matters are invited to take part.

The forum is free of charge and a light lunch will be provided on the day.

Opening Address: Hon. Andrea Coote MLC, Parliamentary Secretary for Families and Community Services

The Life After Stroke Program aims to provide opportunities for people following a stroke to engage in meaningful community based activity (vocational or lifestyle). The program involves one-on-one advocacy and mentoring involving various agencies and volunteer support by Rotary and the Stroke Association of Victoria, thereby avoiding or diminishing incidence of frustration and/or depression amongst stroke survivors and their carers.

The program is currently in the pilot phase, funded by the Department of Health and Department of Human Services, involving relevant organisations within the City of Booroondara.

This forum is a follow up to the initial meeting on the 30th of October 2013. The forum objectives are to determine the assistance Stroke Survivors need, beyond the clinical form, to return to vocational and employment activities. Participants will be given the option to participate in break out sessions on the following topics:

- Advocacy
- Employment barriers
- Volunteer work
- Community Based Recreation
- Retirement planning
- Training

There will be opportunities for feedback & the outcomes will act as a guide to our project officer who will collate them.

REGISTER NOW!!

No cost

Facilitator: Keith Ryall

RSVP by 25th February (Essential for catering purposes) to Jeanette Olszanski,
execofficer@strokeassociation.com.au or SAV Office 90771246

The Life After Stroke program is an initiative of Rotary and the Stroke Association of Victoria partnering with St George's Hospital, St Vincent's Hospital, Inner Eastern Community Health, CRS Australia, Box Hill Institute of TAFE, Council of Adult Education, Rotary Club of Kew and Booroondara Stroke Support Group, and with support from the Victorian Stroke Clinical Network, Department of Health and Department of Human Services.



A Victorian
Government
Project

