Canterbury Tales

Rotary Club of Canterbury
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Volume 31 – Issue 1 – 30 June 2016

ROTARY SERVING HUMANITY

Meeting
Mondays 6:00pm for 6:30pm
Basscare Centre,
2 Rochester Rd, Canterbury
Unless otherwise stated in Diary

Register for Meeting
Guests and Club Members can Register on the following links
Register for Meeting
Register and Pay Online

Apologies
Notify Meeting Apology
**prior to 10AM Monday*
Gerry Cross
Mobile 0418 130 499
rotaryclubofcanterbury@gmail.com
Advise Gerry of a long absence

The Rotary Radio Show
Fridays 6pm to 8pm
3WBC
94.1 FM

The Aussie Pride Badge

Secretary – John Braine
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Editor – Max Holland
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bulletin@canterburyrotary.org

President's Message

The Changeover Dinner featuring the theme of 'Cultural Heritage' was held at our usual venue of the Basscare Centre last Monday. I need to thank Nora Ley personally and on behalf of the Club for the first class job that she has done in her year as President. The myriad of community, youth and international projects needed a steady hand in directing the Club and Nora provided this quite expertly and guided the Club to a very successful year. She has put into place some new initiatives for the coming year such as the Busy Feet Program and the Food Pack Program. Much of this work was appreciated at District with the awarding of two special District Awards. We should also be aware that her year has been difficult for her personally as she has been to hospital many times during the year for major operations, yet you only heard about these later on from other people. So Nora, thank you for all your efforts during the year, you have certainly been a 'Gift to the World'.

A Special Year of Anniversaries

This will be a special year because of the many anniversaries that will occur. This will be the **Thirtieth Year of our Club** and we will have a special evening to celebrate this in April next year. This will be the **Twentieth Medical Mission to the Philippines**. To date, our missions have screened over 100,000 people, including children. This has resulted in over 3,000 people who were totally blind but can now see, as well as corrections done for many other eye problems. In addition, we have detected and saved the hearing of many children. We will be going to the island of Mindoro this year for our medical mission. This year will also be the **Hundredth Anniversary of the Rotary Foundation**. You will be hearing much more of this during the year and one of our tasks will be to get the message out to the general public about the many and great activities that the Rotary Foundation undertakes. Perhaps the message that would attract the greatest attention would be the announcement that the world is free from Polio. In 1985, Rotary launched its Polio Plus campaign to rid the world of Polio. To do this Rotary was going to need to raise US$120 million. Many thought Rotary was deluding itself, but today the results are US$1.5 billion has been raised and over 2.5 billion children immunised in 122 countries. This is a fantastic achievement and a story that we must get out to the general public this year. Even though the disease is or is almost eradicated, Rotary will need to continue to fund it for a few more years so as to ensure that no new outbreaks occur.

Nora Ley and Doug Hawley

Speaker and Activities Program

Monday July 4	Speaker: Shane Edwards, ***"Sleep Apnoea and its Management"***, Chair: Mal Short
Monday July 11	***Camberwell Art Show Dinner***
Monday July 18	Speaker: Jason Thomas, ***"Personal Security"***, Chair: Kyle Wightman
July 22-24	***Port Fairy Weekend - Seacombe House***
Monday June 25	Speaker: Russell Pearson, ***"Digital Marketing"***, Chair: John Braine

Sunday Market 7am – 1pm

July 3 - Neil Williams, Jenni Nankervis, Rob Simpson
July 10 - Ander Pederson, Graham Bishop, John Richards

Contact Tony Simpson for all roster changes and requests, Home 9417 3995, Mob 0488 380 899
Please be on time as if you are late, our Club pays $50 penalty for each half hour or part thereof.

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Canterbury Tales

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President's Message - Continued

Introducing the Canterbury Rotary Club Team

The Canterbury Rotary Club Team for 2016-17 is John Braine - Club Secretary, Andrew Mastrowicz - Club Treasurer, Michael Chong - Community Services, Kyle Wightman - International Services, Gerry Cross - Club Services, Brett Riley - Youth, David Chudasko - Vocational Service, Brian Bloomer - Rotary Foundation, Max Holland - Bulletin, Alan Stevens - Speaker Program, Helen Hartnett - Social Program, Neil Williams and John McCaskill - Membership, Peter May - Communications and all things Internet, David Proud - Radio Show, Graham Bishop - Aussie Pride Badges Fundraising, Tony Simpson - Camberwell Market Roster, Greg Vero - Integration of the new members from Boroondara Club, and Rob Simpson - President Elect. I'm sure we all agree that that this will be a wonderful Team for 2016-17.

The Rotary Club of Boroondara

The Rotary Club of Boroondara recently handed back its charter to Rotary International. Several of the members of this Club wish to continue their membership in Rotary and we are very thankful that they have chosen to join our Rotary Club of Canterbury. At our next meeting we plan to induct these new members into our Club.

We also have our 'Rotary Friends Group' and anyone involved with the Boroondara Club is most welcome as a Rotary Friend to attend Club meetings, to participate in volunteering and in our other activities without the commitment of full Rotary membership.

Projects and New Initiatives

We will largely continue most of the projects that we have been successfully doing in the past. However, there will be some new initiatives for 2016-17. Firstly, our **Busy Feet Program** will run in conjunction with the Rotary Club of Camberwell with assistance from Boroondara Council. It will provide a weekly program of dance and music for disabled children. Secondly, our **Food Pack Program** for provision of single meal packs for a family of 5-6 people to be used when a catastrophe hits a developing world location, like the Philippines. As many of you know, making up food packs is labour intensive but those that participated in the pilot program felt that it was a fun activity and very productive. We will continue to expand this project and hopefully involve other Rotary Clubs and other organisations such as schools, Guides, Scouts, etc. We will also approach Australian producers of rice, oats and lentils to donate cereals for packing. Thirdly, a **Friends of Rotary Program** will be developed because our Club has always been a hands-on Club rather than a funding Club. Our projects require a fair bit of volunteering and many people, particularly young people, are not prepared to commit to full Club membership but would be very willing to assist us in any special activity. This year we plan to have special volunteering events, such as a food pack evening for our Friends, including our past Philippines Medical Mission orthoptist students.

The Theme for this Year - Rotary Serving Humanity

The Theme for this Rotary Year is Rotary Serving Humanity. Our plan is to have fun together while we attempt to live out this theme through our many projects. I am sure that we will all experience in this year the pleasure of volunteering in one or more of the many activities that the Club will undertake. For example, the joy of seeing a young child get pleasure out of the Busy Feet program or being able to witness the bandages being removed from the eyes of someone whose sight has just been restored and recognising that this would not have happened unless you made the effort to volunteer - this is very special. If you are engaged in activities of the Club that make these things possible, you will know that the projects would not have occurred unless you played your important part in the Club activities.

So finally, I thank you all for giving me the opportunity to lead you in this year. Let us all work together to have fun and finish the year in an even stronger position than when we started it.

Doug

The Next Speaker - Shane Edwards

Shane Edwards completed a Bachelor of Health Science and has undertaken postgraduate studies in Adult Sleep Science. He has been with Sleep Services Australia for about seven years working with people with a range of sleep disorders.

Some sleep disorders are serious enough to interfere with normal physical, mental and emotional performance. Sleep disorders include a range of issues from bruxism (teeth grinding) to insomnia, jet lag, narcolepsy, sleep apnoea, snoring, restless legs syndrome and sleepwalking.

The more severe sleep disorders, such a sleep apnoea, insomnia and narcolepsy may require therapies such as medication, Provent therapy, dental appliances, a CPAP machine or surgery.

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Canterbury Tales

Rotary Club of Canterbury

Paul Harris Fellowships Awarded

At the Changeover Dinner last Monday, five Paul Harris Fellowships were awarded. The recipients were Helen Hartnett, Malcom Short, Peter May (Sapphire), John McCaskill (Sapphire) and Graham Bishop (2-Sapphire). Also Judy May was presented with Cyclamens in recognition of the support that she has given to Peter and to the Club. The Rotarian of the Year Trophy Cup was awarded to Val Cunniffe who was also the Sargeant for the evening.

Helen Hartnett

Malcolm Short

Peter May

John McCaskill

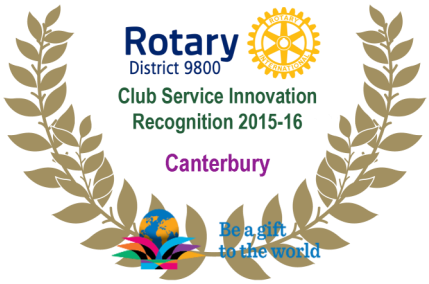
Graham Bishop and Doug Hawley

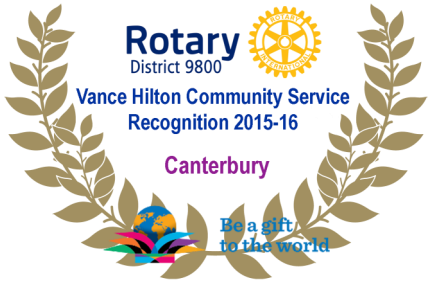
Peter and Judy May

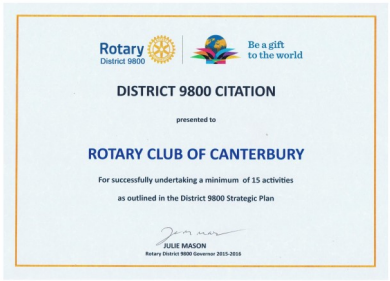
Nora Ley and Val Cunniffe

District 9800 Recognitions 2015-16

Our Rotary Club of Canterbury received **Club Service Innovation Recognition** for new ways of interacting with members and non-members through email, the bulletin and the website. The Club also received a **Vance Hilton Community Service Recognition** for our partnership with Boroondara Girl Guides and Rover Scouts involving activities like the Interchange Inner East Movie Night. Click this link for more details about all of the District 9800 Recognitions for 2015-16. The Club also received a **District 9800 Citation** for undertaking at least 15 activities as outlined in the District 9800 Strategic Plan.







The Changeover Dinner International Cuisine

The International Cuisine for the Changeover Dinner was provided by:

•	Chinese	Old Kingdom, 683 Canterbury Road, Surrey Hills	facebook
•	Greek	The Flame, 486 Whitehorse Road, Surrey Hills	www.flamegreektavern.com.au
•	Indian	Chef's Tandoor, 492 Whitehorse Road, Surrey Hills	chefstandoor.com.au
•	Italian	Colombo's, 250 Whitehorse Road, Balwyn	www.colombos-familyrestaurant.com.au
•	Thai	Sawasdee, 100 Canterbury Road, Blackburn South	www.thaisawasdee.com.au
•	Vietnamese	a friend of Kyle Wightman	
•	Deserts	Rolf's Pies, 181 Middleborough Road, Box Hill South	www.rolfspies.com.au