



Canterbury Tales

Rotary Club of Canterbury
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Volume 30 – Issue 18 – 5 November 2015

Meeting

Mondays 6:00pm for 6:30pm
Bass Centre,
2 Rochester Rd, Canterbury
Unless otherwise stated in Diary

Register for Meeting

Guests and Club Members can
Register on the following links
[Register for Meeting](#)
[Register and Pay Online](#)

Apologies

[Notify Meeting Apology](#)
**prior to 10AM Monday*

Graham Bishop

Mobile 0412 154 540

rotaryclubofcanterbury@gmail.com
Advise Graham of a long absence

The Rotary Radio Show
Fridays 6pm to 8pm

3WBC
94.1 FM

The Aussie Pride Badge



Secretary – John Braine

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President's Message

Our Rotary Club of Canterbury member, Roger Taylor, provided some information and insights into the kinds of challenges that society may face in coming years in his presentation on Monday night entitled "What kind of future should we be planning for?"



Roger Taylor

Initially Roger showed us a video by Professor Will Steffen from the ANU in Canberra which was given at the 2009 conference on the topic of "Sustainable Cities Sustainable Transport". This video occupied most of the time of the presentation and provided a large amount of information with many graphs to imply a causal relationship of human actions upon various world parameters. Relationships mentioned included reduction in fishery stocks, world transport of water in agricultural commodities, the extent of terrestrial water interception and storage, loss of biodiversity, habitat fragmentation, climatic issues and many more.

Roger provided a graph by Dr Graham Turner from CSIRO Canberra which showed his projection of growth limitations in food, industrial output, population, etc. This graph suggested that we may be facing tipping points this century in several human activities, as has happened with the activities of previous civilisations.

Roger thinks the climate change argument is a sideshow in terms of limits to growth projections. Policies for more efficient cars and light bulbs are only token gestures. We may be living beyond our collective means by consuming and degrading the earth's capital. The planet won't die - at least in short geological terms - it will merely change and become a planet that is increasingly more difficult for human society - initially on a local scale, then regionally and then globally.

Roger suggested that the most immediate challenge may be a financial one within a background of environmental problems and constraints. He quoted from the economist Satyajit Das who has suggested that the GFC may have been a major inflection point in economic history. George Soros has called it the end of the super boom with high debt levels, large global imbalances and the build up of future entitlements that have not been properly provided for.

As Rotarians, we assist many in need, especially in the Philippines and Nepal. Our preference is to give a hand up rather than a handout to support these people to be sustainable and to improve their life. This is through better knowledge and practices to overcome the effects of adverse existing conditions, as well as to improve their environment and capacity to implement more changes and improvements if needed. Thanks to Roger for his willingness to share his thoughts on such important global issues. Details in the presentation no doubt will be debated by some but maybe we need to consider our own lifestyle and practices and the impact on our environment.

Speaker and Activities Program

Monday November 9

Speaker: Jeff Cox, **"Health and Nutrition"**

Monday November 16

Speaker: Tony Kjar, **"My Artic Journey"**

Monday November 23

Speaker: Etienne de Lavaulx, **"The History and Music of the Zither"**

Sunday Market 7am – 1pm

November 8 - Graham Bishop, John McCaskill, Val Cunniffe

November 15 - Graeme Hindhaugh, Matt Miller, Ross Merolli

November 22 - Jenni Nankervis, John Braine, Peter May

Contact Tony Simpson for all roster changes and requests, Home 9417 3995, Mob 0488 380 899

Please be on time as if you are late, our Club pays \$50 penalty for each half hour or part thereof.



Be a gift
to the world



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President's Message - Continued

Box Hill Miniature Railway with Interchange Inner East

On Saturday 14th November our Community Service team are running a picnic day out, at the Box Hill miniature railway for local kids with disabilities and their families. In partnership with Interchange Inner East and the Boroondara Guides, we plan to cater for 70-100 people from 11am until 2pm. With the picnic/barbeque and train rides, it should be a wonderful day. Whether or not you are a Rotary Club member we would like your assistance on this special day for these kids with disabilities. Michael Chong told us at the meeting on Monday that he needed five extra helpers because quite a few Club members are away that weekend. Please contact Michael if you can help Michael.Chong@canterburyrotary.org.

Rotary International President Elect John Germ on our Rotary Radio Show on Friday 20th November

We have been able to secure the Rotary International President Elect John Germ and his wife Judy to appear live on our Rotary Radio Show from 6:00 to 6:30pm on Friday 20th November. John Germ is a member of the Rotary Club of Chattanooga, Tennessee, USA and chair of the International PolioPlus Committee.

John will be in Australia attending a special five Victorian Districts event at Etihad Stadium on Wednesday 18th November, which was advertised in the Bulletin of the 15th October, Issue 15. John will give us some insight into his vision for the 2016-17 Rotary year.

An Update to Our Club Website is Underway

Peter May and friends are revising the look and feel of our website. Go to the Club Service Group on [yammer](#) for the link to the draft of the new club website. Peter wants your comments and suggestions, so please look at the draft website and post your ideas. We will also give Aussie Pride its own web domain and website with a Quick Links section from our Club site.

This week the Canterbury Rotary Lunchers will be meeting on Thursday rather than their usual fortnightly Wednesday meeting. The Trinitas Thai restaurant has particularly innovative Thai cuisine. The Lunchers would welcome new participants as well as any members that can't normally come to a Wednesday lunch.

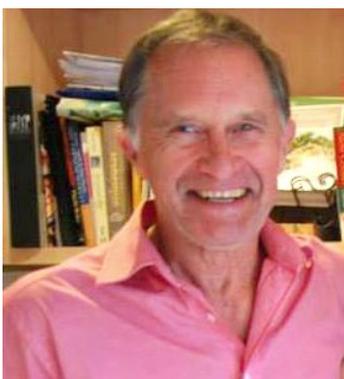
Next Monday the speaker will be Jeff Cox who will talk to us about achieving and maintaining optimal health for life - a talk that should have some things of relevance to all of us. Until next Monday have a good week in Rotary and "Be a Gift to the World".

Nora



John and Judy Germ

The Next Speaker - Jeff Cox



Jeff Cox is a community pharmacist and nutritional consultant and works in the area of achieving and maintaining optimal health for life. He is a director of the health and well-being company called Health Recharge.

He has spent many years researching why our health declines and how nutrition and lifestyle affect our health. He enjoys sharing simple insights and facts about the fundamental ways of enhancing health and well-being. He will discuss recent changes in recommendations on fats, cholesterol and sugars.

Jeff provides simple lifestyle strategies to improve health. Get Well, Stay Well, Live Well.

Thursday with the Canterbury Rotary Lunchers



The next Canterbury Rotary lunch will be at the "Trinitas Thai Restaurant", 955 Burke Road, Camberwell on **Thursday** 12th November at the time of 12:30pm. The Lunchers have been meeting each Wednesday fortnight - so please come along if Thursday is better for you.

Trinitas Thai isn't a typical Thai restaurant, it prides itself on traditional, contemporary and fusion Thai dishes that are authentic and diverse. The restaurant has an air of sophistication with mood lighting, jazz music playing softly and simple photos on the wall of the ingredients.

The Trinitas Thai Restaurant is fully licensed or you can BYO wine.

Please let David Zrna know if you are coming anz47@inet.com.au or 0467 033 092.